Best Practices 2022-23

Best Practice I:

Title: Development of Obstacle Track and Firing Range for NCC Cadets in College

Objectives of the Practice:

The establishment of specialized training facilities for National Cadet Corps (NCC) cadets is crucial for their physical and tactical development. Recognizing this need, our college has successfully developed an Obstacle Training Facility anda FiringRange, aimed at enhancing the skills and capabilities of our cadets. These facilities not only provide a practical training environment but also foster discipline, teamwork, and resilience.

Context:

Obstacle Track based training are tailored to enhance cardiovascular fitness, strength, and coordination. Cadets develop essential skills such as balance, agility, and problem-solving under physical stress. Many obstacles require teamwork, promoting camaraderie and leadership skills among cadets.

The Shooting range provides cadets with the opportunity to develop precision shooting skills, essential for military training.Cadets learn responsible handling of firearms, reinforcing the importance of safety and ethical practices. Firing practice cultivates concentration and mental discipline, which are vital traits for cadets.

The Practice

1. **Development of Obstacle Track**

The obstacle track spans 150 meters and features ten diverse obstacles designed to challenge and develop the cadets' physical fitness, agility, and mental fortitude. The obstacles include:

1. Straight Balance

2. Clear Jump

3. Zig Zag Balance

4. Wall

5. Double Ditch

6. Right-Hand Wall

7. Left-Hand Wall

8. Gate Wall

9. Dam-Dama

10. Straight Balance

The track was constructed with safety as a priority, using durable materials and ensuring proper maintenance protocols are in place. Regular training sessions are scheduled, with qualified instructors overseeing the cadets to provide guidance and ensure safety.

2. Firing Range

Our college is proud to be the first in Mumbai to establish an on-campus firing range for NCC cadets. The facility allows cadets to practice shooting with .22 and .33 rifles on 1×1 targets from a distance of 25 meters.

The firing range is equipped with the necessary safety measures and guidelines, ensuring a secure training environment. The NCC Battalion manages the logistics of providing rifles and ammunition, adhering to strict regulatory standards. Instructors trained in firearm safety and handling supervise all training sessions, reinforcing best practices.

The development of the Obstacle Track and Firing Range in our college marks a significant milestone in enhancing the training and overall experience of NCC cadets. These facilities not only prepare cadets for military and leadership roles but also instillvalues of discipline, teamwork, and responsibility. As we continue to invest in the growth and development of our cadets, we are committed to providing them with the best resources and training opportunities available.
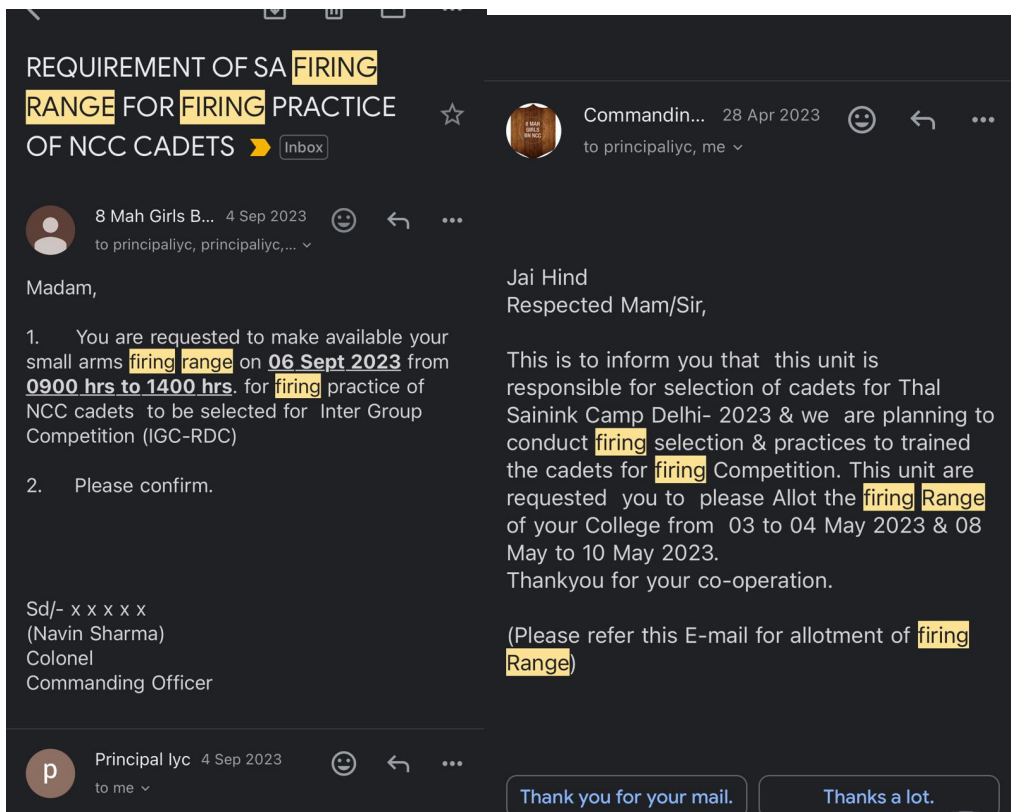
Evidence of Success:

Ours is the FIRST Mumbai College to have such facilities. The facility is not only used by NCC Cadets of our college but also utilised by NCC Headquarters The facility was used for Inter Group Competitions (IGC-RDC) (6th September 2023) and selection of cadets for Thal Sainik Camp Delhi-2023 (03 to 04th and 08 to 10th May 2023.

The height of soil behind the target and rear wall area was immediately increased inorder to enhance safety at the request of NCC headquarters.The maintenance and upkeep are looked after PWD Department which requires time and patience.

Best Practice II:

Title: Police Rest Room

Objectives of the Practice:

Recognizing the importance of supporting local law enforcement and fostering a secure campus environment, Ismail Yusuf College has constructed a Police Rest Room within its premises near the main gate. This initiative aims to provide a comfortable and accessible space for police personnel who serve the community and ensure campus security. The city like Mumbai where land is limited and expensive, such initiative by the College was appreciated by the Police Department

The Practice:

1. Construction

The Rest Room with attached Toilet facility and changing room was constructed. It provided much needed respite to police personnels.

2. Purpose and Significance:

The Police Rest Room serves as a dedicated facility for police officers stationed near the college campus, offering a place to rest, refresh, and conduct administrative tasks.

This initiative demonstrates the college's commitment to supporting law enforcement efforts and enhancing cooperation with local authorities.

3. Location and Accessibility:

Strategically located near the main gate of the college, the rest room ensures quick access for police personnel patrolling the vicinity and responding to any security concerns.

Its proximity enhances efficiency and responsiveness during emergencies or routine patrols.

4. **Community and Institutional Benefits:**

   The establishment of the Police Rest Room strengthens the college's relationship with the local police department, fostering collaboration and mutual support in maintaining campus security.

   It promotes a safer environment for students, faculty, and visitors by facilitating closer coordination between the college administration and law enforcement agencies.

Evidence of Success:

The initiative has been well-received and appreciated by the Police Department, highlighting the college's proactive approach to addressing community safety concerns.

It underscores the college's role as a responsible institution committed to enhancing public safety and supporting the broader community.

Response time from Police has reduced considerably.

Problems Encountered and Resources Required:

Detailed follow-up was required to get the funds sanctioned for the purpose.